

Wellness Committee Meeting

September 28th, 6:30-7:30pm

Attendees: Dawna Gregory , Kelly Fronk, Kate McDearmon, Stephanie Robinson

Agenda:

Last Meeting Follow-up

7. Harmony Training
8. Jaime - Rooted Together - what went well? What changes?
9. Dawna - Nutrition Plan
10. Jaime - New Recycling Bins and Training

New Business:

1. Scheduled MN Sealant Program for Wednesday, February 17th. February is dental month. Also, Orchin + Orchin Orthodontics donated to our school. Should we also have them come or too much for February? They teach about oral health and changing teeth. Stillwater location 651-333-6162 info@orchinsmiles.com
2. Tobacco Policy & Wellness Policies- 4 total, October column D, 2 policies, November column E and F, 2 policies

For October - 400 Employees Personal 418 (Drug Free Workplace/School) & 500 Student Medication 516 (Student Medication).

[Wellness Policy #418 Drug Free Workplace/School - Google Docs](#)

[Wellness Policy #516 Student Medication - Google Docs](#)

Minutes:

Harmony Implementation will begin in October [Home | Sanford Learning](#)

Dawna discussed the nutrition plan. Ended last school year with bids and selected company, it's going well. We have new recycling bins. Kids were trained at the beginning of the year and it has gone great! The kids are proud of themselves and making good choices.

October policies were discussed: Kate & Stephanie are going to work on Student Medication & Drug Free Workplace/School. Dawna & Kelly will work on November policies.

Stephanie will connect with colleagues to check on mental health services for MVS.

Action Items:

- Kelly will schedule Orchin and Orchin to come in to talk about dental healthcare with students before the MN Sealant program comes on February 17th.
- Kelly to review Tobacco policy, add vaping and resubmit to the board.
- Kelly to check with the board to make sure our Wellness policy is in compliance with MDE.
- Stephanie will work on #418 Drug Free Workplace/ School Policy
- Kate will work on #516 Student Medication Policy
- Stephanie will check with colleagues on mental health services for MVS.
- Kelly will look up November's policies that will be due and submit one to Dawna and myself to be ready for November.